

Independent Wado-Ryu Karate-Do Association United Kingdom



September 2010

This Month

Wado UK Captain Picked for England

Barry Meanwell has recently been selected to represent the English Karate Federation National Squad, at a grand slam tournament. The competition on October 2nd takes place in Dublin the Irish capital and will be attended by teams from all the home nations.



Barry is pictured above with England Coach Wayne Otto OBE

Barry Meanwell in Dublin

Sponsored Kick

More Wado UK Athletes
Invited into EKF Squad

British Report

Paul Newby Course

Date section

This is fantastic news and this call up to full England International is Barry's reward for all the hard work and dedication he has shown over recent months.

Barry's progress will be posted on the website as news of England's results come in !!

£312.70 Raised in Sponsored Kick

We would like to thank everyone who got involved in the sponsored kick recently. Whether that was in the form of kicking for the event or sponsoring the youngsters who did. Thanks to all those concerned we managed to raise an impressive £312.70 towards association funds. This money will come in very handy over the next few weeks, as we begin the process of arranging medals, medical cover, hall hire etc for our Wado UK Open Championships at the end of October.

Once again Thank You very much to all concerned!

Two more Wado UK Athletes Invited To Train With EKF Squad

14 year old Joe Munro from the Woodford Dojo and 16 year old Ashleigh Clarkson of the ShinKen Dojo have been invited to train with the EKF 'A' squad, this follows the recent English Karate Federation training session in Barnsley. This was the last open session in 2010 where squad hopefuls were given the chance to impress. The next opportunity will be in February of 2011.

This now gives the pair opportunity to travel on what is essentially a monthly basis, to train with Wayne Otto OBE. These sessions are for full squad members and the English international athletes.

The next goal for Joe and Ashleigh would be to get selected onto the 'A' squad for cadet and junior squads respectively, from where the athletes representing England at International events are chosen. Joe and Ashleigh join Barry Meanwell from the Woodford Dojo and Jessica Newton from the ShinKen

Dojo, who are already 'A' squad athletes.

The next EKF squad session takes place on October 2nd at Barking Abbey. The session is to include a fitness test, with all selected athletes having to pass to be considered for the squad. This test is a series of shuttle runs which include combinations of techniques against a line of opponents. Each of four combinations must be performed against each opponent while returning to the start point after each. All this with a time limit of three minutes, which must be attained.

The day will also include a referee training section and another opportunity for competition coaches to obtain their Tatami accreditations for 2011. Without this accreditation, coaches will not be allowed on areas after December of this year. Anyone who would like to attend should contact Tony Dent.

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British Championship Report

Saturday

Over the weekend of 11th/12th September 2010, the British Karate Federation held its annual championships in Edinburgh Scotland. Wado UK was represented by three of its member clubs, in both the Kata and Kumite events. Woodford, ShinKen and Chikara Dojo's were there to compete, with one silver medal and two bronze medals being the reward for the weekend.

Saturday

With the 14 years and up competitors in action on the first day of competition, it would be up to Matthew March to get the ball rolling. Matthew was competing in the junior, (16-17 yrs), Kata event. Over recent months Matthew has been working diligently at his Kata performances. A regular attendee at all the major domestic competitions, today would be the day he broke through into the medal positions at a major event.

His reward was more than just the bronze medal he wore around his neck following the event, it was also the fact that he knows he is knocking on the door of further success at this level.

Sunday

Thomas Balaam-Reed was the only competitor for Wado UK on the Sunday. He was to compete in both the Kata and Kumite events for his age group. His polished Kata performances saw him progress through the rounds and book himself a place in the final. Here he was to perform the Kata Seishan, but was pitched against another Karate-Ka worthy of his place in the final. Thomas

was displaced by this opponent but never the less gave a good performance at this level, for a well earned silver medal. Moving onto the Kumite categories, Thomas swapped his kit for the relevant pads and gum shield and made his way to back into the arena. In his own weight group he got off to a good start, repeating his earlier achievements of progressing through the rounds. Finding himself in the semi-finals, he was to meet a similar fete to that of his Kata division. Coming up against a competitor who proved to be one step too far. Thomas was obviously in a medal position though, earning himself a creditable bronze to accompany the earlier silver. Thomas was due to take place in the open weight division for his age group also. Unfortunately he was to sustain a rib injury in his previous bout, which meant the only sensible course of action was to withdraw from that event.

Three medals for the weekend was a pleasing result for those who won them. Disappointment for those who missed out on success, but all the athletes will be back on the mats on the next occasion!!

Pictured above are Matthew March in practice & Thomas Balaam-Reed displaying his medals



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Paul Newby Kumite Course

The Paul Newby Kumite class held on the 18th September was a tremendous success. Around 50 students from Wado UK clubs attended and created a great atmosphere in the main hall at the Woodford Sports Centre. We would like to thank all those who helped setting up on the day with the mats etc, but a special thank you must go to Rob Oetegenn and Andy Elliot for arranging delivery of the ShinKen Dojo mats to Woodford. For a full report on how the day went, ([Click Here](#))



Date Section

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|-----------------|--------------------------------|-----------------|
| • 2nd October | EKF 'A' Squad & Ref Course | Barking |
| • 3rd October | BIKO Open Karate Championships | Cheshunt |
| • 10th October | Mushindo Kata Championships | Cheslyn Hay |
| • 31st October | Wado UK Open Championships | Hull |
| • 7th November | EKF Referee Course | Midlands |
| • 4th December | Fund-raising Bag-pack | Hull |
| • 4th december | EKF 'A' Squad & Ref course | Ripon |
| • 10th December | Wado UK Presentation Evening- | Hull University |

All the relevant details for the above events can be found on the dates page of our website!